

Getting help during treatment for cancer of the larynx



About this leaflet

In this leaflet we have suggested some questions to ask your doctor, nurse, speech and language therapist (SLT) or dietitian. Finding out the answers may help you feel less anxious. You can write down any answers, notes or other questions you have.

Useful information

Use this page to write down the names and contact details of your healthcare team.

My consultant:
My SLT (speech and language therapy) team:
My dietitian:
My specialist nurse:
Contact numbers:
Out of hours contact numbers

Communicating

• How might treatment affect my speech?

My notes and questions:

• Who will help me with any changes to my voice or speech?

Eating and drinking

- Will the treatment make it hard for me to swallow?
- If my mouth is sore, how will I eat and drink?

My notes and questions:

Controlling pain

- Am I likely to have pain?
- What can help reduce any pain?
- · Who can help me manage any pain?

My notes and questions:

Mouth care

- What do I need to do to look after my mouth and teeth during treatment?
- If my mouth is sore, what will help?

My notes and questions:

The table and quadration	

My appearance

• Will treatment affect how I look?

My notes and questions:

- Who can help me cope with any difficult feelings?
- Are there any support groups that may help?

. If the cool and specialist		
-		

After treatment

- How long will the side effects last, and what might help?
- Who do I contact if I have problems after my treatment has finished?

My notes and questions:		

Oth	er questions
and	concerns

-		



This leaflet is about getting help during treatment for cancer of the larynx (voicebox). It is for anyone who is having treatment for cancer of the larynx.

This leaflet can be used while you are having treatment for cancer of the larynx. It has useful questions you may want to ask your healthcare team during treatment.

At Macmillan, we give people with cancer everything we've got. If you are diagnosed, your worries are our worries. We will help you live life as fully as you can.

For information, support or just someone to talk to, call **0808 808 00 00** or visit **macmillan.org.uk**

Would you prefer to speak to us in another language? Interpreters are available. Please tell us in English the language you would like to use. Are you deaf or hard of hearing? Call us using NGT (Text Relay) on 18001 0808 808 00 00, or use the NGT Lite app.

Need information in different languages or formats?
We produce information in audio, eBooks, easy read, Braille, large print and translations.
To order these, visit macmillan.org.uk/otherformats or call our support line.



Patient Information Forum